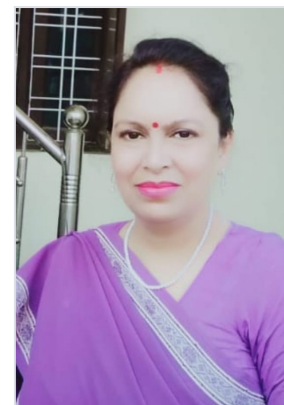


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Educational Qualifications		
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Ph.D.A Historical Study of Important Religious Plants of Central Himalaya since Vedic Age to Modern Age	Kumaun University	2017
MA	Kumaun University	2006
Manuhar Arya	Kumaun University	1999
B.Ed.	Kumaun University	1997
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Career Profile

1. Participant OP-18 , 2012-04-03 to 2012-04-30 , ASC, Nainital, Kumaun University
2. Participant , 2016-11-03 to 2016-11-23 , UGC-HRDC, Nainital, Kumaun University
3. Participant , 2019-10-11 to 2019-10-24 , UGC-HRDC, Nainital, Kumaun University
4. Participant , 2020-11-17 to 2020-11-23 , UGC-HRDC, AMU Aligarh
5. Participant , 2020-12-04 to 2020-12-10 , UGC-HRDC, AMU Aligarh
6. Participant , 2022-02-17 to 2022-02-23 , UGC-HRDC, AMU Aligarh
7. Participant , 2022-08-24 to 2022-08-30 , UGC-HRDC, AMU Aligarh
8. Evaluator , 2018-02-01 to 2018-02-05 , Kumaun University
9. Evaluator , 2018-02-09 to 2018-02-12 , Kumaun University

Publications Profile

1. Sanskriti Evam Paryavaran Sanrakshan Main Pahad Ki Naari Ki Bhumika , Chapters in Books , Women Study Centre, Kumaun University, Nainital - 2014
2. Need of conservation of traditional crops cultivated in temperate zones, Kumaun Himalaya, Uttarakhand , Chapters in Books , Lambert Academic Publishing - 2017
3. Worship Ingredients Applied in The Performance of Naming Ceremony in Kumaun Himalaya, Uttarakhand, India , Chapters in Books , Lambert Academic Publishing - 2017
4. Extensive use of sacred-medicinal plants and tribal communities of Uttarakhand , Full Paper in Conference Proceedings/Other , Almora Book Depot - 2016
5. Impact of anthropogenic pressure on ecologically and medicinally important plants of a less known sacred grove of Ranikhet, Kumaun Himalaya , Chapters in Books , Immortal Publications - 2021
6. Bharat ki Jansankhya Vridhi: Prabhav, Niti va Parinam , Chapters in Books , Naalanda Pub. Delhi - 2022
7. Acharya Vinoba Bhav ke 'Sarvodaya' Vicharo ki Vartman Prasangika , Chapters in Books , Naalanda Pub. Delhi - 2022

Peer Reviewed Journals

1. Variety of plant ingredients used in holding a customary 'Shraadh' as traditional cultural heritage in Kumaun region of Central Himalaya , Research Papers in UGC listed Journals , Quest-The Journal of UGC-ASC Nainital/ Indian Journals.com , 7 , (2013) , Pages 296-302
2. Holy ingredients used in sacred thread ceremony: a historical prospective of cultural practices in Kumaun Himalaya , Research Papers in UGC listed Journals , Quest-The Journal of UGC-ASC Nainital/ Indian Journals.com , 9 , (2015) , Pages 237-242
DOI: [10.5958/2249-0035.2015.00032.7](https://doi.org/10.5958/2249-0035.2015.00032.7)
3. Sanskriti Evam Paryavaran Sangrakshan Main Kumaun Ki Dharmik Vanaspatiyon Ka Etihask Mahatva , Research Papers in Peer Reviewed Journals , Meerut University History Association , 19 , (2012) , Pages 74-78
4. Kumaun Himalaya Main Devvriksha Padam Ka Mahatva Evam Sangrakshan Ki Awashakta , Research Papers in Peer Reviewed Journals , The Journal of Meerut University History Alumni MUHA , 21 , (2013) , Pages 146-150
5. Cultural significance of important ingredients used in marriage ceremony in Kumaun , Research Papers in Peer Reviewed Journals , SHODHAK , 43 , (2013) , Pages 147-153

6. Exploration of Worship Ingredients Used In Religious Practices at Badrinath Shrine, Garhwal Himalaya , Research Papers in Peer Reviewed Journals , International Journal of the Uttarakhand Political Science Association (UPSARR) , 1 , (2017) , Pages 1-9

7. A focus on cultural and conservation status of a less known sacred grove of Kumaun Himalaya , Research Papers in Peer Reviewed Journals , Itivritta An Inter-disciplinary International Journal of History & Culture , 6 , (2018) , Pages 111-117

8. Significance of plant products utilized in different religious practices in Kumaun Himalaya , Research Papers in Peer Reviewed Journals , Itivritta A Multi-disciplinary Peer Reviewed International Journal of History & Culture , 7 , (2019) , Pages 9-18

9. Plant based incense ingredients of Kumaun Himalaya: Cultural, environmental and economic prospective , Research Papers in Peer Reviewed Journals , Itivritta A Multi-disciplinary Peer Reviewed International Journal of History & Culture , 8 , (2020) , Pages 21-33

Other Activities

1. Uttarakhand Ke Pravateeya Chetron Main Shoaka Janjaati Ka Lokjeevan Evam Arthtantra , Oral Presentation , 2011-11-02
2. Kumauni Lok Kala main Dharmik Vanspatyon Ka Etahasik Mahatav , Oral Presentation , 2011-11-21
3. Significance of important religious ingredients used in marriage ceremony in Kumaun region (Uttarakhand) , Oral Presentation , 2012-10-07
4. Sanskiri Evam Prayavaran Saranchan Main Pahar Ki Naari Ki Bhumika , Oral Presentation , 2012-11-29
5. Role of important ingredients of naming ceremony in Kumaun , Oral Presentation , 2014-03-21
6. Maa Hingla Devi, Champawat: Parichay Evam Divyata , Oral Presentation , 2015-02-15
7. Sacred-medicinal plants and tribal communities of Uttarakhand , Oral Presentation , 2015-10-04
8. An account of plants & their products utilized in art and cultural practices in Central Himalaya , Oral Presentation , 2017-11-19
9. Contribution of religious plants in environmental conservation based on folk lore , Oral Presentation , 2017-03-26
10. Exploration of worship ingredients used in religious practices at Badrinath Shrine, Garhwal Himalaya , Oral Presentation , 2016-11-05
11. A socio-economic and environmental prospective of plant based incense ingredients of Kumaun Himalaya (Uttarakhand) , Oral Presentation , 2021-03-20
12. Traditional uses of Lichens , Oral Presentation , 2021-03-01
13. An account of sacred plant products and their significance , Oral Presentation , 2018-03-17
14. Bhumiya Devta Mandir, Sauni Ranikhet: Astha va Vishwas ka Kendra , Oral Presentation , 2019-03-30
15. Plants and religious practices of Vedic Age in Central Himalayan region , Oral Presentation , 2019-10-19
16. Utilization pattern of some ancient plants applied in four popular ceremonies of Kumaun , Oral Presentation , 2022-04-17